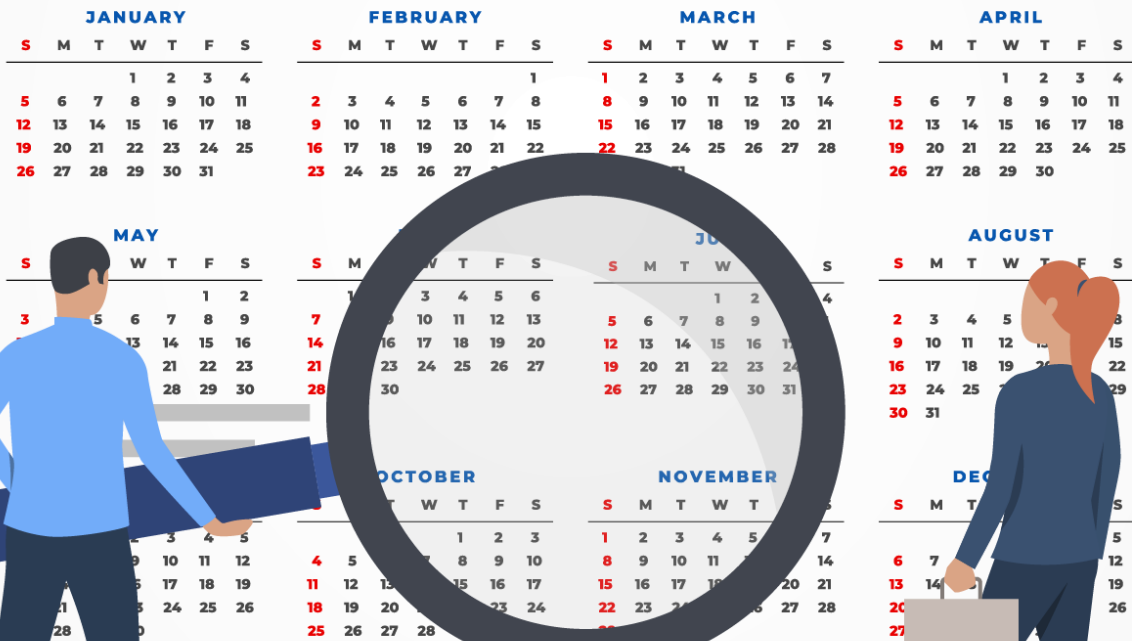


Annual Results Review

2020



Annual Results Review

Year: 2020

If this last year were a movie of your life, what would the genre be?

What were the two or three major themes that kept recurring, last year?

Here's a Movie
Genre List!

Click Here

Consider the following *Life Dimensions* as you answer the following questions:

- Family/Friends
- Partner/Significant Other/Romance
- Career
- Finances
- Health (emotional/physical/fitness/nutrition/wellbeing)
- Physical Environment/Home
- Fun/Recreation/Leisure
- Personal Growth/Learning/Self-development
- Spiritual wellbeing (not necessarily religion – can be sense of self)
- Other (possible options include Security, Service, Leadership, Integrity, Achievement o Community)

There is only one thing more painful than learning from experience and that is not learning from experience.

Archibald McLeisch

What did you accomplish this past year that you are most proud of?

What disappointments or regrets did you experience this past year?

What was missing from last year as you look back?

What were the major life-lessons you learned this past year?

What were the detours that derailed you or kept you from achieving your intended results or goals?

SUMMARY OBSERVATIONS:

What Worked?

What Didn't Work?

What will you do differently this year?

Today, what advice would you like to have given yourself, last year?

“What you allow is what will continue.”